

Person-Centred Emergency Preparedness

P-CEP helps match emergency planning to the supports people need for their safety and well-being in emergencies.



Functional Capabilities and Support Needs: Definitions

P-CEP Element		Definition
		Social Connectedness The people you do things with. Your relationships with friends, family and other people. The help you give to other people.
		Transportation How you travel where you want or need to go (e.g. car, bus, train, taxi, walking).
		Assistive Technology The help you get from equipment.
		Management of Health Taking care of your health.
		Personal Support Help you get from other people.
		Communication Getting, giving and understanding information.
		Assistance Animals and Pets Help from animals. How you care for them.
		Living Situation Where you live and who you live with.
		Person-Centred Emergency Preparedness (P-CEP) Workbook A workbook to help you prepare for emergencies. It includes information about your needs, your community, and how to get help. It also includes a checklist of things to do before, during, and after an emergency.
		

Start a P-CEP Conversation

Access P-CEP Workbook, implementation case studies, learning resources, and research evidence at collaborating4inclusion.org/pcep/